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George Washington Earns Top Spot in 2026 EAGL Preseason Poll

WEIRTON, W.Va. (Dec. 16, 2025) — The East Atlantic Gymnastics League announced the results of the 2026 preseason poll on Tuesday, Dec. 16, 2025 in anticipation of the 2026 season beginning January 4. Reigning EAGL Champion George Washington topped the poll with 22 points and two first-place votes over Towson with 18 points and one first-place vote. New Hampshire and Temple each also received a first-place vote.

The preseason poll is based on ranking projections given by the head coaches of the five EAGL schools. The 2026 preseason rankings are as follows:

1. George Washington—22 points (two first-place votes)
2. Towson—18 points (one first-place vote)
3. New Hampshire—14 points (one first-place vote)
4. Temple—13 points (one first-place vote)
5. LIU—8 points

George Washington is the defending EAGL champion, winning the 2025 title with a score of 195.950, ahead of Temple in second (195.775), New Hampshire in third (195.700), Towson in fourth (195.675), and LIU in fifth (194.000). Towson was named the 2025 regular season EAGL champion as a result of having the best record (4-0) in four designated conference meets.

EAGL action will begin on Saturday, Jan. 4 at 2 p.m. with Temple traveling to Rutgers along with Brockport, and Towson traveling to Clemson. The next Friday, Jan. 9, LIU, George Washington and New Hampshire travel to Maryland at 7 p.m.

For more news around the conference, up-to-date results and weekly award announcements, check out the EAGL website at EAGLSID.WixSite.com/EAGLGymnastics, as well as the EAGL Gymnastics Facebook (@EAGLgymnastics), Twitter (@EAGL_gymnastics) and Instagram (EAGL_gymnastics).