2022

# East Atlantic Gymnastics League

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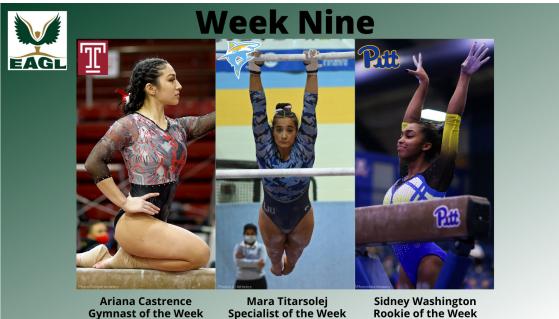
Week Nine Update—March 9, 2022

## Current Team Rankings

Team	Record	NQS	Average	High
1. NC State	15-6 (3-4 EAGL)	196.280	195.885	196.925
2. Towson	13-6 (5-2 EAGL)	196.165	195.655	196.700
3. North Carolina	10-6 (7-0 EAGL)	195.995	195.739	196.625
4. Pittsburgh	10-8 (4-2 EAGL)	195.860	195.317	196.775
5. Temple	11-8 (2-4 EAGL)	195.595	195.089	196.675
6. New Hampshire	9-7 (3-4 EAGL)	195.550	194.856	196.450
7. George Washington	13-10 (3-4 EAGL)	195.495	195.208	196.375
8. LIU	6-13 (0-7 EAGL)	194.300	193.725	195.075

EAGL record based on designated meets for the regular season conference championship

## EAGL 2022 Honors



**Gymnast of the Week** - Senior Ariana Castrence (Waldorf, Md.) from Temple was voted EAGL Gymnast of the Week on March 9. Castrence competed in the all-around twice this past week, scoring 39.275 in each meet and earning the victory on Sunday. On Thursday, the senior won vault with a career-high 9.900. She also helped the beam team to the best score in school history with a career-high 9.925 on Sunday night, good for a share of first place in that event.

**Specialist of the Week** - Sophomore Mara Titarsolej (Zutphen, Netherlands) from LIU was voted EAGL Specialist of the Week on March 9. Titarsolej won the bars title for the seventh time this season with a perfect 10.0—both hers and LIU's first ever perfect score. She currently ranks No. 1 in the EAGL and No. 8 nationally on bars with an NQS of 9.930.

**Rookie of the Week** - Freshman Sidney Washington (Ann Arbor, Mich.) from Pittsburgh was voted EAGL Rookie of the Week on March 9. Washington took home the all around title for the second time this season with a career high 39.475—all scores crossing the 9.850 threshold. The freshman won three individual titles—floor (9.900), beam (9.875) and the all around (39.475). She also recorded a new career high on beam (9.875) and tied her career highs on bars (9.850) and floor (9.900). Her efforts assisted in the Panthers breaking the program record on beam (49.350) for the third time this season.

## Weekly Highlights

#### George Washington

- Current record: 13-10 (3-4 EAGL), 195.495 NQS
- Week Nine outcome: First place (195.850) at Nebraska (194.925) with Lindenwood (193.350)
- George Washington recorded a first place finish at then-No. 30 Nebraska (now 38th), which was the Colonals' first, first-place finish on the road this season.
- The team recorded its second-straight 195.850 behind a season-high on bars with a 49.150
- The Colonals recorded individual wins on floor and bars.

#### LIU

- Current record: 6-13 (0-7 EAGL), 194.300 NQS
- Week Nine outcome: Loss (195.075) at home against North Carolina (196.475)
- LIU set a new team school record score 195.075.
- The Sharks broke the school record on vault (48.975) and beam (49.225).
- Competing on bars, Mara Titarsolej scored LIU's first ever perfect 10.0.

#### NC State

- Current record: 15-6 (3-4 EAGL), 196.280 NQS
- Week Nine outcome:
  - Meet 1: First place (195.700) at Rutgers (194.975) with Brown (192.825) and Southern Connecticut (187.100)
  - Meet 2: Second place (196.925) at Maryland (197.100) with Yale (191.575) and William & Mary (190.025)
- NC State earned the third-highest score in program history with its 196.925 at Maryland. The score is the highest by an EAGL team this season.
- The Pack posted its highest beam score of the season at Rutgers with a 49.300, good for a top-10 program mark
- NC State's 49.325 on floor at Maryland was a season-best.

#### New Hampshire

- Current record: 9-7 (3-4 EAGL), 195.550 NQS
- Week Nine outcome: First place (195.950) at Temple (195.150) with West Chester (192.950)
- Junior Kylie Gorgenyi scored a 9.850 in three events, including first-place finishes on vault and bars.
- The Wildcats notched the top four finishers on bars: Gorgenyi, Hailey Lui (9.825), Kenadi Brown (9.800) and Kylie Kratchwell (9.800).
- New Hampshire stretched its winning streak to three and upped its NQS to 195.550 (No. 45).

#### North Carolina

- Current record: 10-6 (7-0 EAGL), 195.995 NQS
- Week Nine outcome: Win (196.475) at LIU (195.075)
- Carolina tied its second-highest score of the season to remain undefeated in EAGL meets.

- The team clinched the EAGL regular-season championship outright.
- The Tar Heels posted their best bar rotation (49.300) since the 2004 season.

#### Pittsburgh

- Current record: 10-8 (4-2 EAGL), 195.860 NQS
- Week Nine outcome: Loss (195.875) at home against Towson (196.100)
- Pitt made history, yet again, breaking the program beam record for the third time this season with a 49.350 in Sunday's dual meet with No. 24 Towson.
- The Panthers won four of five individual titles (UB: Katie Chamberlain – 9.875, BB: Hallie Copperwheat, Jordyn Ewing, Lauren Beckwith, Sidney Washington – 9.875, FX: Sidney Washington -, AA: Sidney Washington – 39.475).
- Freshman Sidney Washington had a standout night, taking home the AA with a career-high 39.475, while recording a new career-high on beam (9.875) and tying her career-highs on bars (9.850) and floor (9.900).

#### Temple

- Current record: 11-8 (2-4 EAGL), 195.595 NQS
  - Week Nine outcome:
    - Meet 1: Second place (195.775) at home against Maryland (196.550) Southern Connecticut (188.950) and Bridgeport (186.450)
    - Meet 2: Second place (195.150) at home against New Hampshire (195.950) and West Chester (192.950)
- The program's team beam record was broken for the second time in two weeks, this time with a score of 49.325 on Sunday. In the same meet, the floor team tied the school record with a 49.375.
- Sophomore Brooke Donabedian tied the school record on floor with a 9.950, a record that was held since 2000.
- On Thursday, The Owls scored 49.000 or better on all four events, marking only the third time this season they achieved this mark.

#### Towson

- Current record: 13-6 (5-2 EAGL), 196.165 NQS
- Week Nine outcome: Win (196.100) at Pittsburgh (195.875)
- Towson put up its best road score of the season and the 11th -best score in program history, scoring a 196.100 on the road at Pittsburgh.
- The Tigers landed three 49.000s again this week, including a 49.100 on vault, tying for the third-best score on vault in program history.
- Towson has topped Pittsburgh in three straight duals, doing so in three different cities: Brookville, N.Y., Chapel Hill, N.C. and Pittsburgh, Pa.

## EAGL Individual Top Five

#### Vault

Name	NQS	Average	High
1. Deja Chambliss—GW	9.885	9.860	9.950
2. Kylie Gorgenyi—UNH	9.855	9.806	9.875
2. Lali Dekanoidze—UNC	9.855	9.850	9.900
4. Ariana Castrence—Temple	9.845	9.795	9.900
4. Julianna Roland—Temple	9.845	9.805	9.925

#### Bars

Beam

Name

1. Elizabeth Culton-UNC

1. Hailey Lui-UNH

3. Julia Knower-UNC

3. Emily Shepard—NC State

5. Alyssa Worthington-UNH

5. Nicole Webb-NC State

Name	NQS	Average	High
1. Mara Titarsolej—LIU	9.930	9.867	10.000
2. Katie Chamberlain—Pitt	9.870	9.828	9.950
2. Elizabeth Culton—UNC	9.870	9.786	9.950
4. Kylie Gorgenyi—UNH	9.855	9.822	9.900
4. Hallie Copperwheat—Pitt	9.855	9.836	9.925

NQS

9.895

9.895

9.885

9.885

9.875

9.875

Average

9.850

9.869

9.761

9.875

9.803

9.845

High

9.975

9.975

9.925

9.925

9.975

9.900

#### Floor

Name	NQS	Average	High
1. Deja Chambliss—GW	9.895	9.865	9.925
2. Emily Shepard—NC State	9.890	9.837	9.925
3. Kendall Whitman—GW	9.880	9.769	9.925
4. Brooke Donabedian—Temple	9.875	9.843	9.950
5. Tori Edwards—Temple	9.860	9.818	9.875
5. Lauren Rutherford—NC State	9.860	9.825	9.900
5. Sidney Washington—Pitt	9.860	9.831	9.900

#### All Around

Name	NQS	Average	High
1. Hallie Copperwheat—Pitt	39.235	39.139	39.500
2. Deja Chambliss—GW	39.185	39.106	39.600
3. Julia Knower—UNC	39.180	38.978	39.325
4. Lali Dekanoidze—UNC	39.165	39.243	39.550
5. Hannah Stallings—Temple	38.875	38.800	39.275

## 2022 EAGL Week 10 Action

#### Friday March 11

George Washington and Maryland @ Towson - 6PM Cal and Pittsburgh @ Ohio State - 6PM Florida, Penn and Rutgers @ NC State - 7PM

#### Saturday March 12

North Carolina @ Georgia - 4PM LIU, Temple and Utah State @ Minnesota - 5PM

#### Sunday March 13

Bridgeport, George Washington and Penn @ Maryland - 12PM Brown, Penn State and Southern Connecticut @ New Hampshire - 2PM