



# 2024

## East Atlantic Gymnastics League Week Nine Update - March 13, 2024



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### Current Team Rankings

TEAM	RECORD	NQS	AVERAGE	HIGH
1. Towson	17-9 (4-0 EAGL)	196.525	195.991	197.425
2. George Washington	15-11 (1-2 EAGL)	195.555	195.185	196.625
3. New Hampshire	17-12 (1-2 EAGL)	195.450	194.982	195.875
4. Temple	10-14 (1-2 EAGL)	195.080	194.377	196.225
5. LIU	11-9 (0-3 EAGL)	194.140	193.733	195.875

### EAGL 2024 Honors

## WEEK NINE



**GYMNAST  
OF THE WEEK**

**SYD  
MORRIS**  
GW  
LIU



**SPECIALIST  
OF THE WEEK**

**ELISE  
TISLER**  
TOWSON



**ROOKIE  
OF THE WEEK**

**DELANEY  
DEHAAN**  
GW



# EAGL 2024 Honors

**Gymnast of the Week:** Sophomore Syd Morris (Landenberg, Pa.) of LIU was named EAGL Gymnast of the Week for the third time this season on March 13. At a quad meet with Temple, West Chester and William & Mary on March 10, Morris set a new season high of 39.425 on all-around to place first overall. The Pennsylvania native picked up their second victory of the meet on beam, logging a 9.900 to tie for first place with teammate Brisa Carraro. Morris had a dominant performance on bars as well, leading off with a 9.850 to earn their third first place finish of the meet.

**Specialist of the Week:** Junior Elise Tisler (Fairfax Station, Va.) of Towson picked up her fourth EAGL Specialist of the Week this season on March 13. Tisler placed first overall on floor at a dual meet with Maryland on March 10, posting a 9.875 for her third win of the season on the event. She posted Towson's highest vault score of the meet, logging a 9.850 for second place. Currently she ranks first in EAGL and 24th in the NCAA on the event.

**Rookie of the Week:** First-year Delaney DeHaan (Bradenton, Fla.) earned her first EAGL Rookie of the Week award on March 13. At the LSU quad meet with Auburn and Texas Woman's on March 8, DeHaan matched her career high 9.875 on bars for the Revolutionaries highest score of the meet. For the last three meets, the Florida native has scored 9.800 or higher on bars.

## Weekly Highlights

### **George Washington**

- Current record: 15-11 (1-2 EAGL)
- Week Nine Outcome: Placed third at LSU quad meet ahead of Texas Woman's with a 195.100.
- Delaney DeHaan matched her career high on bars of 9.875.
- Nancy Kiner scored GW's highest score of the meet on beam, logging a 9.850.
- Kendall Whitman matched her career high 9.875 on vault.

### **New Hampshire**

- Current record: 17-12 (1-2 EAGL)
- Week Nine Outcome: Placed third at a quad meet hosted by No.13 Missouri with a 195.250 on March 10.
- Sophomore Serena Mullin registered the team's highest scores on vault (9.8 - T8), beam (9.850 - 6th) and floor (9.875 - T5) to lead the team to a third place at Missouri's quad meet with No.11 Denver and SEMO.
- Graduate student Kylie Gorgenyi matched Mullin's score on vault, led the Wildcats on bars (9.8 - T14) and secured a 9.850 on floor (T12). She finished fifth on all-around with a 39.050.
- UNH posted its highest score of the meet on floor of 49.175. Junior Alyssa Beaulieu tied Gorgenyi for 12th with a 9.850, Maya MacDonald notched a 9.825 and Sierra Bauman totaled a 9.775.

### **Temple**

- Current record: 10-14 (1-2 EAGL)
- Week Nine Outcome: Double quad meet weekend starting with a third place finish on March 7 after scoring a 195.450, followed by a first place finish with a season high 196.225 on March 10.
- At the March 10 quad meet the Owls tied the fifth best bars score in school history of 49.125.
- Temple scored its first 196 of the season, the first time hitting that mark since March 12, 2023 at Maryland.
- On March 10 all six gymnasts in the floor lineup scored a 9.8 or better, helping them set a new school record 49.575.

### **LIU**

- Current record: 11-9 (0-3 EAGL)
- Week Nine Outcome: Placed third at a quad meet on March 10 with a 194.700.
- Posted the third highest team score in program history.
- Four Sharks posted season high scores.
- Logged a season high team vault score of 48.850 backed by four Sharks scoring 9.750s or higher.

# Weekly Highlights

## Towson

- Current record: 17-9(4-0 EAGL)
- Week Nine Outcome: Narrowly fell to Maryland in a dual meet on March 10, 196.625-196.725, posting the fifth best team score in program history.
- Registered a season high and third highest beam score in program history of 49.300, led by Sarah Girot logging a career high 9.900. Jenna Weitz and Lauren Keener supported with season high 9.875s.
- Posted a top-10 team bars score, earning a 49.300 aided by Grace Vaillancourt notching a 9.900. Four additional Tigers posted 9.850s on the event.
- Elise Tisler picked up the Tigers one individual gold medal, winning floor with a 9.875.

# Week Seven Action

## Friday, March 15

- Towson vs George Washington, William & Mary / Towson, Md. / 6 p.m.
- LIU vs Florida, NC State, Iowa State / Gainesville, Fla. / 6:45 p.m.

## Sunday, March 17

- New Hampshire vs Temple, Brown, Bridgeport / Durham, N.H. / 2 p.m.
- George Washington vs Towson, Penn State / Washington, D.C. / 1 p.m.

## EAGL Individual Top 5

### VAULT

Name	NQS	Average	High
1.Elise Tisler - Towson	9.895	9.868	9.975
2.Sarah Zois - GW	9.875	9.847	9.925
3.Kylie Gorgenyi - UNH	9.870	9.827	9.900
4.Kendall Whitman - GW	9.850	9.795	9.900
5.Camille Vitoff - Towson	9.845	9.823	9.925
5.Retoshia Halsell - Towson	9.845	9.745	9.850
5.Kasey Burke - GW	9.845	9.802	9.900

### BARS

Name	NQS	Average	High
1.Isabella Minervini - Towson	9.945	9.918	9.975
2.Kylie Gorgenyi - UNH	9.885	9.866	9.975
3.Grace Vaillancourt - Towson	9.865	9.786	9.950
4.Sarah Stallings - Temple	9.860	9.759	9.900
5.Jenna Devincenzo - UNH	9.825	9.252	9.925

### BEAM

Name	NQS	Average	High
1.Syd Morris - LIU	9.930	9.919	9.975
2.Grace Vaillancourt - Towson	9.860	9.757	9.900
3.Maya Peters - GW	9.840	9.819	9.925
4.Cael Bixler - LIU	9.830	9.819	9.975
5.Anneliese Silverman - GW	9.820	9.685	9.850
5.Kendall Whitman - GW	9.820	9.785	9.875
5.Madison Dorunda - Temple	9.820	9.641	9.850
5.Serena Mullin - UNH	9.820	9.645	9.850
5.Brooke Donabedian	9.820	9.752	9.875

### FLOOR

Name	NQS	Average	High
1.Kendall Whitman - GW	9.915	9.905	9.950
2.Brooke Donabedian - Temple	9.895	9.859	9.925
3.Kylie Gorgenyi - UNH	9.875	9.852	9.925
3.Elise Tisler - Towson	9.875	9.864	9.975
5.Carmella Calafati - Towson	9.865	9.827	9.950

### ALL-AROUND

Name	NQS	Average	High
1.Syd Morris - LIU	39.265	39.125	39.425
2.Kylie Gorgenyi - UNH	39.245	39.080	39.475
3.Anneliese Silverman - GW	38.990	38.964	39.325
4.Kendall Whitman - GW	38.944	38.878	39.300