

East Atlantic Gymnastics League 2018

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WEEK TEN UPDATE (MARCH 13TH)

2018 EAGL TEAM RANKING (AS OF MARCH 12TH):

Team:	Record	RQS	Average:	High:
1. George Washington University	20-5/5-0	196.460	195.950	196.875
2. North Carolina State University	16-7/5-1	196.155	195.695	196.800
3. University of New Hampshire	10-6/3-3	195.620	195.175	196.425
4. University of Pittsburgh	6-13/3-1	195.440	194.836	196.475
5. University of North Carolina	8-7/1-3	195.300	195.153	196.050
6. Towson University	11-14/0-8	194.815	194.402	196.250

WEEK TEN - NO. 1 IN EAGL → NATIONAL RANKINGS



Cami Drouin-Allaire No. 1 EAGL AA 39.440 RQS No. 12 in the Nation	Cami Drouin-Allaire No. 1 EAGL Vault 9.910 RQS No. 8 in the Nation	Danielle Mulligan No. 1 EAGL Bars 9.885 RQS Tied 28th in the Nation	Casey Lauter No. 1 EAGL Beam 9.910 RQS Tied 12th in the Nation	Khazia Hislop No. 1 EAGL Floor 9.910 RQS Tied 15th in the Nation
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ALL AROUND George Washington No. 1 EAGL AA 196.460 RQS No. 18 in the Nation	VAULT George Washington No. 1 EAGL VT 49.200 RQS No. 10 in the Nation	BARS Pittsburgh No. 1 EAGL US 49.010 RQS No. 30 in the Nation
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BEAM George Washington No. 1 EAGL BS 49.195 RQS No. 12 in the Nation	FLOOR North Carolina No. 1 EAGL FX 49.315 RQS No. 9 in the Nation
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GYMNAST OF THE WEEK:

Senior Chelsea Knight (Waldorf, Md.) of North Carolina State won her third EAGL Gymnast of the Week honor on March 13th after tying the Wolfpack's highest all-around score in school history (39.550) in a 2-0 win against Ohio State and Central Michigan with NC State's season-high of 196.800. Her 39.550 was also a career-high and first-place in the meet. She also won vault with a career-high 9.925 and beam with a 9.925. She tied for second on floor with a 9.900 and earned a score of 9.800 on bars to tie for ninth. Earlier in the weekend, in a dual against No. 2 LSU, Knight won floor with a career-high 9.925 and finished second on beam with a score of 9.925. She took sixth on vault with a 9.850.

SPECIALIST OF THE WEEK:

Senior Casey Lauter (Northport, N.Y.) of New Hampshire was named Specialist of the Week for the third time this season after scoring a perfect 10.0 on balance beam in her final home meet of her career, a quad meet against Kentucky, Yale and Brown. This was the second 10 on beam in UNH history and the first in 21 years. Lauter is first on beam in EAGL and tied for 12th in the nation (9.910 RQS). She became only the sixth gymnast in the country to record a 10 on beam this season. She won the event in the Wildcats' quad meet on Sunday, and also won the event in their dual meet Thursday with a 9.850.

ROOKIE OF THE WEEK:

Freshman Lauren Diggan (Sinking Spring, Pa.) of New Hampshire earned her fifth Rookie of the Week honor on March 13th after her consistent three-event performances assisted the Wildcats to go 3-1 in two meets during the weekend. Over the course of the two meets, Diggan scored at least a 9.750 on all six events that she competed in, including four scores of at least 9.800. She placed first on vault (9.775), second on bars (9.825), and sixth on floor (9.800) against Bridgeport. In a quad-meet against Kentucky, Yale, and Brown, she finished in fourth place on bars (9.875) while adding a 9.750 on vault and 9.825 on floor. The freshman is tied for second in EAGL on bars (9.865 RQS).

2018 EAST ATLANTIC GYMNASTICS LEAGUE AWARDS

WEEK TEN - MARCH 13TH



Chelsea Knight
Senior, NCSU
Waldorf, Md.



Casey Lauter
Senior, UNH
Northport, N.Y.



Lauren Diggan
Freshman, UNH
Sinking Spring, Pa.



WEEK TEN RECAP:

NC State (16-7/5-1)

- 0-1 against LSU (#23 NC State 196.100, #2 LSU 197.575)
- 3-0 @ Ohio State (#23 NC State 196.800, #24 Ohio State 196.525, Central Michigan 195.175)
- In the Wolfpack's tri-meet with #24 Ohio State and Central Michigan on Mar. 11, it posted a season-high of 196.800 which tied the fourth-highest score in program history.
- On Mar. 11 the Pack earned a score of 49.325 on vault to tie the highest mark in program history.
- On Mar. 9 against #2 LSU, NC State closed out its senior night posting a season-high 49.450 on floor, the fifth-highest mark in program history.
- Combined in both meets, the Pack earned nine scores of 9.900 or above and on Mar. 11 Chelsea Knight tied the highest all-around score in program history, 39.550

GW (20-5/5-0)

- 2-0 against WVU and Pitt (GW, 196.875; WVU 196.425; Pittsburgh 195.500)
- GW's season-high performance came behind team scores of 49.200 on vault, 49.025 on uneven bars, 49.275 on balance beam, and a season-high 49.375 on floor exercise. The Colonials remain undefeated in the conference with a perfect 5-0 record and improve to 40-1 in the Smith Center dating back to the 2015 season.
- In the all-around, a trio of Colonial seniors swept the podium. Cami Drouin-Allaire finished first with 39.475, Alex Zois took second with a career-high 39.400, and Jillian Winstanley finished third with 39.350 to join her classmates on the podium.
- GW closed the meet out on floor, where the squad had their best event of the day, earning a season-high 49.375. In their final performances in the Smith Center, Zois and Madeline Seibold finished the day with career-high 9.900s, earning second-place honors. Drouin-Allaire also had a stellar performance, posting a 9.875, Crasa finished with a career-high matching 9.850, Winstanley also scored a 9.850, and Mermelstein closed out the day with a 9.825.

UNH (10-6/3-3)

- 1-0 at Bridgeport (UNH 195.050; Bridgeport 193.500)
- 2-1 against UK, Yale and Brown (Kentucky 196.800; UNH 196.425; Yale 194.425; Brown 193.525)
- Casey Lauter recorded a perfect 10 on beam for the first time in her career.
- UNH defeated three out of four opponents on the weekend, falling only to #8 Kentucky in a close meet.
- UNH's score of 196.425 is the seventh highest in team history.

Pittsburgh (6-13/3-1)

- 0-2 against WVU and Pitt (GW, 196.875; WVU 196.425; Pittsburgh 195.500)
- The University of Pittsburgh gymnastics team posted the fourth highest bars score in program history en route to a third place finish in its road tri-meet against No. 18 George Washington and West Virginia. The 2018 Pitt squad now owns three of the top four bars scores in program history.
- The Panthers earned an overall team score of 195.500 in the meet, led by their 49.175 on bars. Pitt also earned a 49.025 on vault, a 49.000 on floor and a 48.300 on beam.
- Individually, four Panthers recorded top-five event finishes in the meet. Seniors Catie Conrad and Taylor Laymon both finished second on bars, with each earning a 9.875. Freshman Haley Brechwald placed second on beam with a 9.875 and fourth on floor with the same score. Sophomore Alecia Petrikis rounded out the group with a 9.875 on vault to place third in the event.

Towson (11-14/0-8)

- 1-0 at William & Mary (Towson 194.200; William & Mary 192.350)
- Towson opened the meet on bars where it had four gymnasts finish in the top five, led by Tess Zientek who was third with a 9.775. Brittney Ranti was fourth with a 9.750 while Cortni Baker and Katie McGrady were fifth (9.725).
- On vault, Baker led four Tigers who finished in the top five. Gabby Yarussi, Erin Tucker and Tyra McKellar all finished in a tie for second with a 9.775.
- On floor, Towson swept the top three spots led by Yarussi. Baker was second with a 9.800 while Arduino was third with a career-high 9.775. Tucker was fifth with a 9.700.
- On beam, Melissa Temkov finished second with a 9.750 while McKellar, Arduino and McGrady were fourth with a 9.725.
- Arduino finished second in the all-around with a 38.675.

UNC (8-7/1-3)

- 2-1 at Arizona (Arizona 195.725; North Carolina 194.850; San Jose State 195.025; Air Force 194.275)
- Carolina traveled to compete in Arizona for the first time under Coach Derek Galvin.
- Though first- and second-place honors went to gymnasts from San Jose State and Arizona, Carolina's six gymnasts all earned top-ten scores on floor exercise for a total of 49.100.
- For the sixth consecutive week, the Tar Heels broke 49.000 on both vault (49.000) and floor (49.100).

2018 EAGL VAULT (AS OF MARCH 12TH)

Gymnast:	RQS
1. Cami Drouin-Allaire (GW)	9.910
2. Jillian Winstanley (GW)	9.885
3. Khazia Hislop (UNC)	9.865
4. Cortni Baker (TU)	9.855
Chelsea Knight (NCSU)	9.855

2018 EAGL BARS (AS OF MARCH 12TH)

Gymnast:	RQS
1. Danielle Mulligan (UNH)	9.885
2. Jillian Winstanley (GW)	9.865
3. Lauren Diggan (UNH)	9.865
4. Maggie Tamburro (NCSU)	9.830
Cami Drouin-Allaire (GW)	9.830

2018 EAGL BEAM (AS OF MARCH 12TH)

Gymnast:	RQS
1. Casey Lauter (UNH)	9.910
2. Chelsea Knight (NCSU)	9.895
3. Jillian Winstanley (GW)	9.880
4. Elizabeth Pfeiler (GW)	9.870
5. Danielle Mulligan (UNH)	9.860

2018 EAGL FLOOR (AS OF MARCH 12TH)

Gymnast:	RQS
1. Khazia Hislop (UNC)	9.910
2. Cami Drouin-Allaire (GW)	9.900
3. Haley Brechwald (PITT)	9.875
4. Jillian Winstanley (GW)	9.865
Drew Grantham (NCSU)	9.865
Morgan Lane (UNC)	9.865

2018 EAGL ALL-AROUND (AS OF MARCH 12TH)

Gymnast:	RQS
1. Cami Drouin-Allaire (GW)	39.430
2. Jillian Winstanley (GW)	39.405
3. Chelsea Knight (NCSU)	39.310
4. Morgan Lane (UNC)	39.215
5. Haley Brechwald (PITT)	39.205

UP NEXT... WEEK ELEVEN EAGL ACTION:

Friday, March 16th:

7:00pm – GW @ Kent State

Saturday, March 17th:

1:00pm – Pittsburgh@ UNC

Sunday, March 18th:

2:00pm – West Virginia, William & Mary, Cornell, and NC State @ Towson
3:00pm – UNH @ Illinois-Chicago