East Atlantic Gymnastics League 2018

www.eaglnews.wixsite.com/eaglgymnastics
Facebook: @EAGLgymnastics; Twitter: @EAGL_Gymnastics
Contact: eagl.news@gmail.com (Ashley Sauer)



WEEK NINE UPDATE (MARCH 6TH)

2018 EAGL TEAM RANKING (AS OF MARCH 5TH):

Team:		Record	RQS	Average:	High:
1.	George Washington University	18-5/4-0	196.285	195.858	196.825
2.	North Carolina State University	13-6/5-1	195.765	195.528	196.575
3.	University of New Hampshire	7-5/3-3	195.550	195.050	196.125
4.	University of North Carolina	6-6/1-3	195.300	195.191	196.050
5.	University of Pittsburgh	6-11/3-1	195.060	194.753	196.475
6.	Towson University	10-14/0-8	194.775	194.423	196.250

2018 FAST ATLANTIC GYMNASTICS LEAGUE AWARDS

WEEK NINE - MARCH 6TH

EAGL



Cami Drouin-Allaire

Senior, GW Shorham, N.Y.

Gy









Khazia Hislop Soph, UNC Concord, Mass





Haley Brechwald Freshman, Pitt Springfield, Va.

WEEK NTNE – NO. 1 TN EAGL \rightarrow NATTONAL RANKINGS







Danielle Mulligan No. 1 EAGL Bars 9.880 RQS



Casey Lauter No. 1 EAGL Beam 9.895 RQS



GYMNAST OF THE WEEK:

Senior Cami Drouin-Allaire (Shoreham, NY) of George Washington earned her fourth overall and second-straight EAGL Gymnast of the Week honor on March 6th, after posting the highest all-around in the league this season during the Colonial's two-meet weekend where they went 5-0. On Sunday against Maryland, Rutgers and Towson, Drouin-Allaire broke her career-high score for the third-straight meet with a conference-high 39.600, an all-around score that ranks second in program history. The senior co-captain also finished the day on the podium in all four events while matching her season-high on vault, breaking her career-high on bars, and posting a team-high 9.900 on floor. On Friday, at Towson with Rutgers, Drouin-Allaire also won the all-around (39.525), floor (9.900) and tied for first on beam (9.875). Drouin-Allaire has broken the 39.000 threshold in the all-around seven out of nine weeks this season. She ranks No. 1 in EAGL and No. 12 in the Nation for all-around. Additionally, she ranks No. 1 in EAGL and No. 6 in the Nation on vault.

SPECIALIST OF THE WEEK:

Junior Cortni Baker (Andover, Mass.) of Towson and sophomore Khazia Hislop (Concord, Mass.) earned EAGL Co-Specialist of the Week honors on March 6th. During Towson's second meet of the weekend where the Tigers totaled the fourth-highest team score in school history (and second-highest under Coach May), Baker posted a 9.875 on vault for second. This was just 0.025 below her career-best she posted on Friday night (9.900), which is the 10th-highest score in program history. Baker also tied for second on bars (9.875) on Friday night and contributed on three events in each of the Tigers' two meets during Week Nine. Currently she ranks No. 4 (fied with Madison Nettles of UNC) in the league on vault.

Hislop earned her third-straight honor after getting to the podium on each of her three events against the No. 6 team in the Nation (Alabama). She tied for first on vault (9.875), tied for second on beam (9.900) and tied for third on floor (9.900). Currently, she is ranked 1st in the EAGL and tied for 13th in the nation on floor with an RQS of 9.910. The sophomore extended her streak of earning at least 9.900 on floor to five consecutive meets. Her performance makes this her fourth straight competition earning at least 9.800 in all three events and her third time receiving at least two scores of 9.900+ in one competition.

ROOKIE OF THE WEEK:

Freshman Haley Brechwald (Springfield, Va.) of Pittsburgh earned her fifth EAGL Rookie of the Week Award on March 6th after totaling a career-high 39.375 all-around which is tied for fourth in program history. In Pitt's 2-1 finish against Penn State, West Virginia and Temple, Brechwald earned the Panther's lone individual event title in scoring a season-high 9.875 on beam, adding to the team's four-best mark in program history. Additionally, she finished tied for second on floor with a 9.875, while finishing in the top ten on both yault with a sixth place finish and a ninth place finish on bars.

WEEK NINE RECAP:

NC State (13-6/5-1)

UNH (0-1, 195.650) @ NC State (1-0, 196.075)

- •The Wolfpack posted its third-highest score of the season again New Hampshire in its annual Disney Meet
- •The Pack posted a 49.150 on beam and a 49.125 on floor
- •Chelsea Knight tied her career-high all-around score and the highest allaround score in the EAGL this season of 39.525

3/2: GW (196.300, 2-0), Rutgers (193.825, 0-2) @ Towson (196.250, 1-1) 3/4: Maryland (195.825, 2-1), Rutgers (193.550, 0-3) and Towson (195.250, 1-2) @ GW (196.825, 3-0)

- •GW's season-high performance came behind team scores of 49.150 on vault, 49.175 on uneven bars, 49.275 on balance beam, and 49.225 on floor exercise. The Colonials remain undefeated in the conference with a perfect 4-0 record and improve to 38-1 in the Smith Center dating back to the 2015 season.
- •In the all-ground, Cami Drouin-Allaire broke her career-high score for the third-straight meet with a conference-high 39.600, an all-around score that also ranks second in program history. The Shoreham, New York, native finished the day on the podium in all four events. Jillian Winstanley also had a solid day, taking second in the all-around with a 39.425.
- •GW posted a season-high score of 49.175 on bars. Drouin-Allaire continued to raise the bar, surpassing her career-high 9.875 from last week, with a tied for first-place score of 9.900. Winstanley matched her season-high 9.875 to take third, Pfieler posted a 9.825, Julia McLaughlin broke her season-high with a 9.800, and Hannah Cohen finished with a 9.775 in her bars debut in the Smith Center.

<u>UNH (7-5/3-3)</u> UNH (0-1, 195.650) @ NC State (1-0, 196.075)

- •Danielle Mulligan tied for first on bars, came in second on beam, and tied for third on floor.
- •The loss snapped a win streak of five for the Wildcats.
- •UNH has the third highest RQS in EAGL (195.550).

UNC (6-6/1-3)

UNC (0-1, 194.975) @ Alabama (197.525)

- •The Tar Heels traveled to No. 6 Alabama following a 10-day break from
- · Carolina took home eight top-five scores in the individual competitions including one first-place vault score (9.875), two second-place beam scores (9.900), and two third-place floor scores (9.900).
- •Carolina broke 39.000 on vault and floor exercise for the fifth straight meet and earned a floor score of at least 49.400 for the third meet in a row. The Tar Heels moved up to sixth in the nation on floor exercise with an RQS of 49.315.

2018 EAGL VAULT (AS OF MARCH 5TH) Gymnast: **RQS** Cami Drouin-Allaire (GW) 9.910 1. 2. Jillian Winstanley (GW) 9.885 Khazia Hislop (UNC) 3. 9.860 Cortni Baker (TU) 4. 9.845 Madison Nettles (UNC) 9.845

2018 EAGL BARS (AS OF MARCH 5TH)						
Gymnast: RQS						
1.	Danielle Mulligan (UNH)	9.880				
2.	Jillian Winstanley (GW)	9.860				
	Lauren Diggan (UNH)	9.860				
4.	Tyra McKellar (TU)	9.825				
	Haley Brechwald (PITT)	9.825				

2018 EAGL BEAM (AS OF MARCH 5TH)					
Gym	nast:	RQS			
1.	Casey Lauter (UNH)	9.895			
2.	Jillian Winstanley (GW)	9.880			
3.	Chelsea Knight (NCSU)	9.865			
	Elizabeth Pfeiler (GW)	9.865			
5.	Morgan Lane (UNC)	9.855			

Pittsburgh (6-11/3-1)

Penn State (196.650, 3-0), West Virginia (196.075, 1-2) and Temple (194.250, 0-3) @ Pittsburgh (196.475, 2-1)

- •The University of Pittsburgh gymnastics team recorded the second-best score in program history en route to a second place finish at its home quad meet against Penn State, Temple and West Virginia Sunday afternoon at the Fitzgerald Field House. The Panthers team score of 196.475 ranks second all-time, trailing only the 196.525 set by the 2004 Pitt squad.
- •Pitt also vaulted into the record books in multiple events. The team's 49.175 on vault ranks second all-time, while their 49.100 on beam is tied for the fourth best mark in program history and their 49.075 on bars ranks eighth all-time.
- •Individually, freshman Haley Brechwald earned a season-high all-around score of 39.375, which is tied for fourth highest mark in program history. Brechwald also earned Pitt's lone individual event title in the meet, scoring a season-high 9.875 on beam.

Towson (10-14/0-8)

3/2: GW (196.300, 2-0), Rutgers (193.825, 0-2) @ Towson (196.250, 1-1) 3/4: Maryland (195.825, 2-1), Rutgers (193.550, 0-3) and Towson (195.250, 1-2) @ GW (196.825, 3-0)

- Towson finished second in a tri-meet Friday night with George Washington and Rutgers. The Tigers had eight career highs set or equaled en route to totaling 196.250 points, just 0.050 behind first-place George Washington. Towson totaled the fourth-highest score in program history and the second-highest under eighth-year head coach Vicky May.
- Junior Cortni Baker totaled a career-high 9.900 to finish second on vault Friday night in a tri-meet with George Washington and Rutgers. It was also the 10th-highest score in program history. She also had a career-high 9.875 on bars to finish in a tie for second.
- Junior Brittney Ranti posted a career high 9.800 on bars, highlighting the Tigers' performance in a quad meet at No. 17 George Washington with Maryland and Rutgers Sunday.

2018 EAGL FLOOR (AS OF MARCH 5TH) **Gymnast:** RQS Khazia Hislop (UNC) 9.910

1. Cami Drouin-Allaire (GW) 9.900 2. 3. Jillian Winstanley (GW) 9.865 Haley Brechwald (PITT) 9.865 5. Morgan Lane (UNC) 9.860

2018 EAGL ALL-AROUND (AS OF MARCH 5TH)

Gymi	RQS	
1.	Cami Drouin-Allaire (GW)	39.430
2.	Jillian Winstanley (GW)	39.405
3.	Morgan Lane (UNC)	39.215
4.	Haley Brechwald (PITT)	39.205
5.	Chelsea Knight (NCSU)	39.195

UP NEXT... WEEK TEN EAGL ACTION:

Thursday, March 8th:

7:00pm – UNH @ Bridgeport

Friday, March 9th:

7:00pm – LSU @ NC State

8:30pm – UNC, San Jose State and Air Force @ Arizona

Saturday, March 10th:

3:00pm - Towson @ William & Mary

Sunday, March 11th:

1:00pm - Pittsburgh and West Virginia @ GW

1:00pm - Kentucky, Yale and Brown @ UNH

2:00pm - NC State and Central Michigan @ Ohio State