



Sammie Grant
EAGL Director of Communications
EAGLSID.WixSite.com/EAGLGymnastics

Towson Earns Top Spot In 2024 EAGL Preseason Poll

TOWSON, Md. (Dec. 13, 2023) – Reigning East Atlantic Gymnastics League (EAGL) Champion Towson University has been selected as the top team in the 2024 EAGL Preseason Poll, voted on by the head coaches of the five teams in the league.

Towson collected 21 points total, two of which were first-place votes, to finish atop the field three points ahead of runner-up George Washington. New Hampshire tallied 16 points to claim third followed by Temple with 12 points to rank fourth. LIU rounded out the league in fifth place after receiving 8 points.

2024 EAGL Preseason Poll

1. Towson University – 21 points (two first-place votes)
2. George Washington University – 18 points (one first-place vote)
3. University of New Hampshire – 16 points (one first-place vote)
4. Temple – 12 points (one first-place vote)
5. Long Island University – 8 points

Towson made history for the program last season, bringing home the first EAGL Championship title after winning the meet with a final score of 196.500. NC State followed with a 196.425. North Carolina took bronze with a 196.350 followed by University of New Hampshire (195.500), Temple (194.925), George Washington (194.525), LIU (194.275) and Pittsburgh (194.225).

Four of the five EAGL teams were mentioned in the Women's Collegiate Gymnastics Association (WCGA) preseason poll. Towson was ranked 36th with 137 points while George Washington (32 points), New Hampshire (27 points) and Temple (9 points) all received votes.

EAGL action officially kicks off on January 5 as Temple heads to University of Pennsylvania for the Keystone Classic quad meet with Penn State and Pittsburgh. George Washington travels down to the University of Florida for a meet with Fisk and Talladega on January 12. That week wraps up with the remaining three schools opening their season on January 14. LIU attends a tri meet hosted by New Hampshire with Bridgeport while Towson heads to Ohio State for a meet with Ball State.

For more news around the conference, up-to-date results and weekly award announcements, check out the EAGL website at EAGLSID.WixSite.com/EAGLGymnastics, as well as the EAGL Gymnastics Facebook (@EAGLgymnastics), Twitter (@EAGL_gymnastics) and Instagram (EAGL_gymnastics).