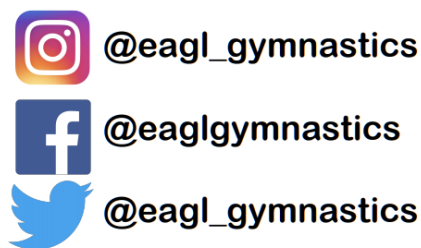


2022

East Atlantic Gymnastics League

Week Three Update—Jan 26, 2022

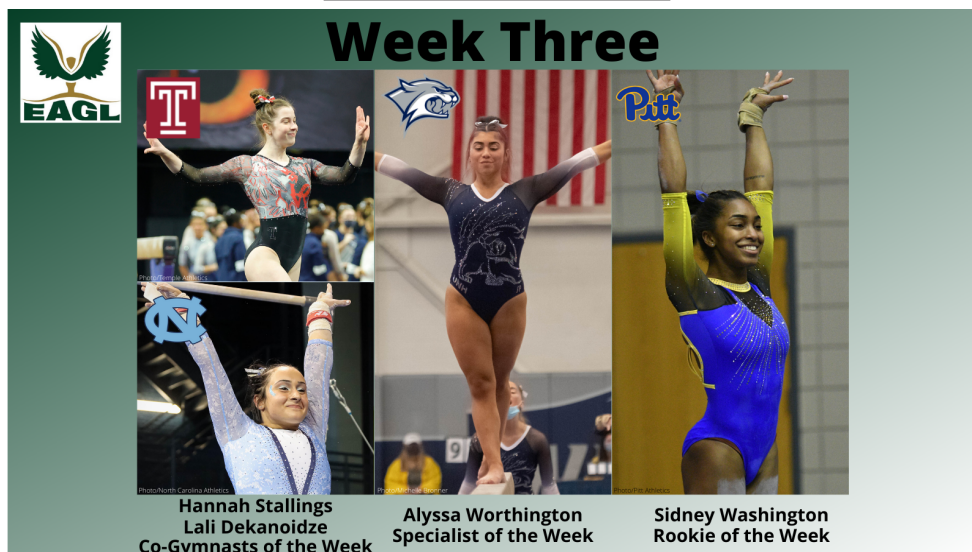


Current Team Rankings

Team	Record	NQS	Average	High
1. North Carolina	4-4 (2-0 EAGL)	–	195.467	196.475
2. NC State	4-0 (1-0 EAGL)	–	195.363	195.600
3. Temple	3-2 (0-1 EAGL)	–	194.600	195.825
4. George Washington	3-3 (0-1 EAGL)	–	194.538	194.825
5. Towson	4-1 (1-1 EAGL)	–	194.375	194.975
6. Pittsburgh	2-1 (1-0 EAGL)	–	194.238	195.575
7. New Hampshire	2-4 (1-2 EAGL)	–	194.108	196.450
8. LIU	3-3 (0-1 EAGL)	–	192.558	194.200

AGL record based on designated meets for the regular season conference championship

EAGL 2022 Honors



Co-Gymnasts of the Week - Freshmen Hannah Stallings (Raleigh, N.C.) from Temple and Lali Dekanoidze (Matthews, N.C.) from North Carolina were voted EAGL Co-Gymnasts of the Week on Jan 26. Stallings picked up her third-straight all around victory with a career-high 39.275, tying her for third overall in school history. On vault, she scored the first 9.900 of her career, helping the Owls to a 49.050—their highest score of the season. She also scored a 9.800 or better on three of the four events, setting personal bests in each. Dekanoidze set a new career best in the all around with a 39.450—the highest all around score of any EAGL gymnast this season. She also matched her career best on beam (9.900) and set a new career best on floor (9.875). She is currently tied for No. 1 in the all around in the EAGL.

Specialist of the Week - Junior Alyssa Worthington (West Warwick, R.I.) from New Hampshire was voted EAGL Specialist of the Week on Jan 26. Worthington set a personal best and matched the No. 3 beam score in school history to help the Wildcats establish a program record in that event (49.450). She followed that up with another career high on floor (9.900) to tie for first in that event. She is currently ranked No. 1 in the EAGL on beam and tied for No. 7 nationally with a 9.925 average.

Rookie of the Week - Freshman Sidney Washington (Ann Arbor, Mich.) from Pittsburgh was voted EAGL Rookie of the Week on Jan 26. Washington earned a 9.750 or higher on all four events and took home the all-around with a 39.250—the highest AA score for the Panthers this season. She earned the second consecutive 9.850 for her on floor this season and her second consecutive beam score of a 9.800 or higher. Washington also earned a podium finish in every event.

Weekly Highlights

George Washington

- Current record: 3-3 (0-1 EAGL)
- Week Three outcome: Placed third (194.825) at North Carolina quad against Missouri (196.850), North Carolina (196.475) and Brown (191.025)
- The Colonials earned a season-high 194.825 (48.950 on vault, 48.500 on bars, 48.625 on beam, 48.750 on floor).
- GW bested its score in three of four events from the season opener last weekend.

LIU

- Current record: 3-3 (0-1 EAGL)
- Week Three outcome: Win (194.200) at home against Yale (193.875)
- LIU won its first meet ever over Yale, scoring a season best and program record score of 194.200.
- The Sharks set a team High for 2022—194.200—which is also the school record.
- LIU set a new school Record on bars of 48.700.

NC State

- Current record: 4-0 (1-0 EAGL)
- Week Three outcome: Win (195.600) at home against Towson (194.975)
- The Wolfpack crossed the 49.0 mark on an event for the first time this season with a 49.200 on beam.
- Members of the squad earned individual titles on beam and floor.
- NC State improved its team scores from week two on bars, beam and floor.

New Hampshire

- Current record: 2-4 (1-2 EAGL)
- Week Three outcome: Win at home (196.450) against Temple (195.825) and Penn (194.875)
- The UNH gymnastics team tied its fifth-highest score ever (196.450).
- The Wildcats set an all-time team balance beam record (49.450) and earned its first two wins of the season against defending EAGL champion Temple (195.825) and Penn (194.875) on Sunday afternoon at Lundholm Gym.
- Junior Alyssa Worthington (West Warwick, R.I.) and senior Hailey Lui (Collegeville, Pa.) anchored the lineup and put together the best back-to-back beam scores in program history with matching marks of 9.975, which tied Cara Lepper '00 (March 20, 1999) for the No. 3 beam score in program history.

North Carolina

- Current record: 4-4 (2-0 EAGL)
- Week Three outcome: Second place (196.475) in home quad meet against Missouri (196.850), GW (194.825) and Brown (191.025)

- UNC posted the best team score (196.475) in the EAGL this season and the highest for UNC since the 2018 season.
- The Tar Heels scored a 49.350 on beam, the best of the season for Carolina and fifth highest score in program history on the apparatus.
- They had the team's best floor rotation of the season (49.325) and the highest for any team in the EAGL this season.

Pittsburgh

- Current record: 2-1 (1-0 EAGL)
- Week Three outcome: Win (195.575) at Texas Woman's (192.925)
- The Panthers shattered the beam program record with an overall event score of 49.200. All six gymnasts scored a 9.700 or higher, including Hallie Copperwheat who earned a 9.875 to take home the event title
- Freshman Sidney Washington placed first in the all-around with a 39.250 – the highest AA score for the Panthers this season and earned podium finishes on every event
- Lauren Beckwith, who was a late addition to the line-up on both of her events, had a standout day – earning a 9.775 on floor and a 9.800 on beam

Temple

- Current record: 3-2 (0-1 EAGL)
- Week Three outcome: Second place (195.825) at New Hampshire (196.450) against Penn (194.875)
- Three of the four rotations, including vault, beam, and floor, saw the Cherry and White earn their highest team scores of the season.
- It was the third straight meet that freshman Hannah Stallings picked up the all-around victory. The Raleigh, N.C. native earned a career-high in the all-around with a 39.275.
- The Owls combined for 10 9.8s or better in the meet, including their first 9.9s of the season from Julianna Roland and Hannah Stallings.

Towson

- Current record: 4-1 (1-1 EAGL)
- Week Three outcome: Loss (194.975) at NC State (195.600)
- Towson continues to improve its team score week by week, putting up one of the team's top scores in the month of January since rejoining EAGL in 2013.
- Towson won both vault (48.800) and bars (48.975), sweeping the top three spots on vault, all with 9.775s.
- The Tigers also took the top two spots on bars with a pair of 9.850s, putting up a season-best 48.975, Towson's best January bar score since at least 1998.

EAGL Individual Top Five

Vault

Name	NQS	Average	High
1. Kylie Gorgenyi—UNH	–	9.850	9.875
2. Lali Dekanoidze—UNC	–	9.842	9.900
3. Deja Chambliss—GW	–	9.838	9.875
4. Julianna Roland—Temple	–	9.800	9.900
4. Mackenzie Aresta—Temple	–	9.800	9.800
4. Hallie Thompson—UNC	–	9.800	9.800
4. Kendall Whitman—GW	–	9.800	9.800

Bars

Name	NQS	Average	High
1. Elizabeth Culton—UNC	–	9.875	9.900
2. Lali Dekanoidze—UNC	–	9.867	9.875
3. Steph Macasu—Towson	–	9.850	9.850
4. Isabelle Schaefer—UNC	–	9.838	9.875
5. Kylie Gorgenyi—UNH	–	9.817	9.850

Beam

Name	NQS	Average	High
1. Alyssa Worthington—UNH	–	9.925	9.975
2. Hailey Lui—UNH	–	9.883	9.975
3. Ariana Castrence—Temple	–	9.875	9.875
3. Cassidy Stuart—Towson	–	9.875	9.875
3. Emily Shepard—NC State	–	9.875	9.875

Floor

Name	NQS	Average	High
1. Deja Chambliss—GW	–	9.900	9.925
2. Sidney Washington—Pitt	–	9.850	9.850
3. Olivia Zona—GW	–	9.838	9.850
4. Kenadi Brown—UNH	–	9.825	9.900
5. Brianna Greenlow—UNC	–	9.817	9.850

All Around

Name	NQS	Average	High
1. Deja Chambliss—GW	–	39.175	39.225
1. Lali Dekanoidze—UNC	–	39.175	39.450
3. Hannah Stallings—Temple	–	39.017	39.275
4. Clara Hong—Towson	–	38.950	38.950
5. Hallie Copperwheat—Pitt	–	38.863	38.900

2022 EAGL Week Four Action

Friday Jan 28

Pittsburgh and Towson @ North Carolina - 7PM

Saturday Jan 29

George Washington, New Hampshire and William & Mary @ NC State - 4PM

Sunday Jan 30

Temple @ LIU - 4PM