

2026

East Atlantic Gymnastics League

Week Three Update—Jan 21, 2026



Current Team Rankings

Team	Record	NQS	Average	High
1. New Hampshire	5-1 (0-0 EAGL)	—	194.888	195.275
2. Towson	1-1 (0-0 EAGL)	—	194.438	195.325
3. Temple	3-3 (1-0 EAGL)	—	193.125	194.150
4. George Washington	2-4 (0-0 EAGL)	—	192.288	193.200
5. LIU	0-4 (0-1 EAGL)	—	191.113	191.825

EAGL record based on designated meets for the regular season conference championship

EAGL 2026 Honors



Week Three



Serena Mullin
Gymnast of the Week



Amelia Budd
Specialist of the Week



Eden Stippick
Rookie Specialist of the Week

Gymnast of the Week - Senior Serena Mullin (Hamden, Conn.) from New Hampshire was voted EAGL Gymnast of the Week on Jan 21. Mullin posted two Top five results, highlighted by a second-place tie on bars (9.800). The senior earned a share of fifth place as the floor lineup anchor with a 9.850. The Hamden, Conn. native hit 4 events and totaled a team-leading 39.025 to place fourth in the all-around in a quad meet against high-level competition.

Specialist of the Week - Junior Amelia Budd (Charlotte, N.C.) from Temple was voted EAGL Specialist of the Week on Jan 21. Budd competed in both vault and floor in the meet and finished tied for first on both events. Her 9.825 on vault was a season-high result for Budd and her 9.800 finish on floor marked a career-high performance for the junior on the event.

Rookie Specialist of the Week - Freshman Eden Stippick (Georgetown, Texas) from LIU was voted EAGL Rookie Specialist of the Week on Jan 21. Stippick matched her career high score from week one on vault (9.775), leading the team for the second week in a row and finishing in third place. The freshman also reached a career high on floor (9.700) and recorded the second highest score in that rotation for the Sharks.

Weekly Highlights

George Washington

- Current record: 2-4 (0-0 EAGL)
- Week Three outcome: Third place (191.375) at home against Penn (194.075), West Chester (191.600), and Cornell (191.325)
- George Washington took third at its home opener.
- The Revolutionaries had event winners on beam, floor, and in the all-around.
- Three first-years were again featured in George Washington's starting lineup.

LIU

- Current record: 0-4 (0-1 EAGL)
- Week Three outcome: Loss (191.825) at Temple (194.150)
- LIU improved its team score from the previous meet.
- The vault line up reached a season high of 48.500.
- The Sharks finished floor with a 48.400 led by Raphaëlle Perreault with a 9.800.

New Hampshire

- Current record: 5-1 (0-0 EAGL)
- Week Three outcome: First place (195.275) at home against Air Force (193.950), Iowa State (192.900), and Bridgeport (191.800)
- New Hampshire had a balanced team showing with a 48.725 on vault, 48.850 on bars, 48.700 on beam, and 49.000 on floor.

- The Wildcats event winners were Mady Harvey on beam (9.925) and Poulina Minaev on floor (9.900) with both setting career highs.
- New Hampshire took first place on bars (48.850) and tied for the top score on floor (49.000) with Air Force to improve to 5-1 on the season.

Temple

- Current record: 3-3 (1-0 EAGL)
- Week Three outcome: Win (194.150) at home against LIU (191.825)
- Temple posted its strongest result of the 2026 season thus far in the meet against LIU this past weekend. The Owls finished with a representative in first place on every event the team competed in.
- Sophomore standout Nikki Rengifo had a strong day, finishing tied for first place on vault, and in sole first place on beam.
- Junior Amelia Budd also continued the strong start to her season by posting two first-place scores and a career-high on floor. She notched a tie for first on vault and a tie for first on floor.

Towson

- Current record: 1-1 (0-0 EAGL)
- Week Three outcome: Did not compete

EAGL Individual Top Five

Vault

Name	NQS	Average	High
1. Lola Montevago—GW	—	9.787	9.825
2. Eden Stippick—LIU	—	9.775	9.775
2. Amelia Budd—Temple	—	9.775	9.825
2. Alison Mun—GW	—	9.775	9.875
5. Adriana Hoffman—Towson	—	9.763	9.800

Bars

Name	NQS	Average	High
1. Isabella Minervini—Towson	—	9.863	9.875
2. Serena Mullin—UNH	—	9.800	9.800
3. Zoe Arthur—UNH	—	9.787	9.800
4. Robyn Dunne—Temple	—	9.767	9.825
5. Leah Moreno—UNH	—	9.762	9.775

Beam

Name	NQS	Average	High
1. Deana Sheremeta—GW	—	9.875	9.900
2. Mady Harvey—UNH	—	9.850	9.925
3. Brissa Portillo—Towson	—	9.800	9.800
4. Gwen Ockerbloom—UNH	—	9.775	9.825
4. Celia Trotter—Towson	—	9.775	9.850

Floor

Name	NQS	Average	High
1. Polina Belanovski—Towson	—	9.850	9.900
1. Poulina Minaev—UNH	—	9.850	9.900
3. Serena Mullin—UNH	—	9.838	9.850
3. Isabella Minervini—Towson	—	9.838	9.875
5. Deana Sheremeta—GW	—	9.800	9.825
5. Natalie Lindgren—Towson	—	9.800	9.825
5. Isabella DeCroo—Towson	—	9.800	9.800

All Around

Name	NQS	Average	High
1. Isabella Minervini—Towson	—	39.125	39.200
2. Serena Mullin—UNH	—	38.950	39.025
3. Deana Sheremeta—GW	—	38.938	39.025
4. Polina Belanovski—Towson	—	38.813	38.925
5. Poulina Minaev—UNH	—	38.762	38.850

2025 EAGL Week Four Action

Friday Jan 23

George Washington, Penn, and Texas Woman's @ Temple - 6 p.m.
Towson @ Arizona - 8 p.m.

Saturday Jan 24

Brown, LIU, and Springfield @ Bridgeport - 5 p.m.

Sunday Jan 25

New Hampshire @ Yale - 1 p.m.