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Towson Crowned 2024 EAGL Regular Season Champion

TOWSON, Md. (Feb 25, 2024) – The East Atlantic Gymnastics League named the Towson University Tigers the 2024 regular season conference champion on Sunday, February 25, 2024. This is the fifth year the EAGL has crowned a regular season champion, with each team participating in designated conference meets that count towards the regular season championship. The Tigers clinched the title after having the highest winning percentage in the league, going 4-0 in designated meets. This is the first time in program history that Towson has been named the regular season champion.

Towson Conference Meets

1/26 George Washington @ Towson **W, 195.475 – 194.400**

2/11 Towson @ New Hampshire **W, 196.300 – 195.875**

2/23 Temple @ Towson **W, 197.425 – 195.525**

2/23 LIU @ Towson **W, 197.425 – 193.425**

“We are so honored to have won the EAGL regular season championship,” Towson head coach Jay Ramirez said. “The athletes left it all on the floor tonight and we are so proud of them. It’s moments like these that we all will remember forever.”

Towson concludes its regular season with five more meets. The Tigers compete in two meets at the end of this week beginning with a tri meet at Penn State with Ball State and West Virginia on March 1. On Sunday March 3, the team heads to West Virginia University for another tri meet with Pittsburgh and Western Michigan University. The following two meets Towson will host at home, starting with a dual meet with Marland on March 10, before welcoming George Washington and William & Mary on March 15. The Tigers regular season concludes with a tri meet at George Washington with Maryland on March 17.

Towson will also host the EAGL Championship this season which takes place on March 23 at 4 p.m. in the TU Arena.