

# East Atlantic Gymnastics League 2018

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## WEEK SEVEN UPDATE (FEB. 20<sup>TH</sup>)

### 2018 EAGL TEAM RANKING (AS OF FEBRUARY 19TH):

Team:	Record	Average:	High:	RQS:
1. George Washington University	12-5/2-0	195.568	196.525	----
2. North Carolina State University	11-6/4-1	195.421	196.575	----
3. University of North Carolina	5-5/1-3	195.192	196.050	----
4. University of New Hampshire	5-4/3-2	194.925	196.125	----
5. University of Pittsburgh	4-10/3-1	194.658	196.225	----
6. Towson University	6-10/0-6	194.039	195.450	----

## 2018 EAST ATLANTIC GYMNASTICS LEAGUE AWARDS WEEK SEVEN – FEBRUARY 20TH



Chelsea Knight  
Senior, NCSU  
Waldorf, Md.  




Khazia Hislop  
Sophomore, UNC  
Concord, Mass.  




Lauren Diggan  
Freshman, UNH  
Sinking Spring, Pa.  


### GYMNAST OF THE WEEK:

Senior Chelsea Knight (Waldorf, Md.) of North Carolina State University collected her second 2018 EAGL Gymnast of the Week honor on February 19<sup>th</sup> for her first-place finish in the all-around at a quad meet where the Pack went 2-1 against #6 Michigan, UNC and Brown. She led NC State to post a team and league season-high 196.575 score. Her 39.350 was her second-highest all-around of the season. She added a 9.950 on beam which was a career-high, the fourth-highest beam score in school history and is currently tied for the highest score in EAGL this season. In addition to her first-place finish on beam, Knight placed third on bars with a 9.875, went 9.775 on vault, and 9.675 on floor.

### SPECIALIST OF THE WEEK:

Sophomore Khazia Hislop (Concord, Mass.) of the University of North Carolina was honored as EAGL Specialist of the Week for the first time this season on February 19<sup>th</sup>, after her three-event performance (all of which eclipsed the 9.900 mark) led UNC to post a season-high 196.050, going 1-2 in a quad meet against #6 powerhouse Michigan, EAGL opponent NC State and Brown. Hislop averaged 9.916 across three events in the meet and is ranked second in the EAGL on vault and first on floor after Week 7. She set a new career-high score of 9.925 on vault, just missed her career-best on floor by 0.025, and tied her career-high on beam for the second straight week. She won the vault title (9.925), tied for second on floor (9.925), and tied for third on beam (9.900) in the quad meet.

### ROOKIE OF THE WEEK:

Freshman Lauren Diggan (Sinking Spring, Pa.) of the University of New Hampshire earned her third EAGL Rookie of the Week award for the 2018 season after her three-event effort led the Wildcats to a win over Bowling Green. Diggan recorded a career-high 9.925 on bars, which won her the individual title in the dual. As a result, Diggan boasts the highest average on bars in EAGL (9.854). Her 9.925 score is tied for the highest score that any EAGL gymnast has recorded this season on bars. Diggan added a third place finish on vault (9.775) and tied-for-third finish on floor (9.800) during Week 7.

## WEEK SEVEN RECAP:

### NC State (11-6/4-1)

2-1 against Michigan, UNC, Brown (1. Michigan 196.775, 2. NC State 196.575, 3. UNC 196.050, 4. Brown 192.450)

•Along with it being a season-high score, the Wolfpack's 196.575 was also the 10th-highest score in program history and the highest score in the EAGL this season.

•NC State also set season-highs on bars and beam along with earning six individual career-highs on the night.

•The Wolfpack earned seven top-five finishes including four on the podium

### GW (12-5/2-0)

1-2 at Gym Quarters Invitational (1. LSU 198.075, 2. Missouri 196.025 3. GW 195.650, 4. Arkansas 195.575)

•The Colonials put forth team scores of 49.250 on vault, 47.950 on uneven bars, 49.200 on balance beam, and 49.250 on floor exercise.

•GW had its best event of the night on vault, where the squad posted a season-high score of 49.250. Four Colonials matched their season-highs, with Cami Drouin-Alaire earning a team-high 9.925, Jillian Winstanley scoring a 9.900, Liz Pfeiler posting a 9.875, and Alex Zois finishing with a 9.825.

•The Buff and Blue also had a strong showing on balance beam, where the team posted a season-high 49.200. Winstanley led the pack with a career-high 9.925 as fellow co-captains Drouin-Alaire and Mermelstein matched their season highs with a 9.825 and 9.775, respectively.

### UNH (5-4/3-2)

1-0 against Bowling Green (1. UNH 195.550, 2. UNH 195.025)

•UNH matched its season-high on beam 49.225.

•Nicole O'Leary won vault (9.875), Lauren Diggan won bars (9.925), Casey Lauter won beam (9.925), and Danielle Mulligan won floor (9.900).

•The Wildcats have now won three straight meets.

### UNC (5-5/1-3)

1-2 at NC State (1. Michigan 196.775, 2. NC State 196.575, 3. UNC 196.050, 4. Brown 192.450)

•The Tar Heels set a new season-best overall score of 196.050, the team's first time breaking 196.000 since March 27, 2010 and their highest total score since the meet against Rutgers on March 20, 2010 (196.225).

•Carolina earned three event totals of at least 49.000 for the third straight meet which has not been done in at least 16 years. It is their second consecutive meet scoring 49.000 or above on vault, beam, and floor.

•Carolina's floor score of 49.425 was the highest since the 2010 Rutgers meet (49.425) and their vault score of 49.275 was the program's highest since the NCAA Southeast Regional on April 16, 2007 (49.325).

### Pittsburgh (4-10/3-1)

0-3 at WVU (1. WVU 196.225, 2. Maryland – 195.825 3. Pitt – 195.250)

•Freshman Haley Brechwald and senior Taylor Laymon earned individual titles. Brechwald earned a title on bars after tying for the top spot with a 9.875. Laymon earned her title on beam, tying for the top score in the event with a 9.875.

•Pitt's best event of the day was floor, where they earned a season-high team score of 49.150 behind Brechwald's season-high 9.900.

•Brechwald finished second in the all-around with a 39.175. She beat out four other gymnasts.

### Towson (6-10/0-6)

2-0 against Southern Conn and Gustavus Adolphus (1. Towson 195.450, 2. Southern Conn. 190.825, 3. Gustavus Adolphus 184.925)

•Towson took home first place in a tri-meet with Southern Connecticut State and Gustavus Adolphus with 195.450 points, the 10th-highest team score in program history, which included a school record 49.250 points on beam.

•The Tigers won every event and had eight first-place finishes. Senior Gabriella Yarussi and junior Mary Elle Arduino each totaled two first-place finishes, highlighted by identical school records in the beam with a score of 9.950.

•Towson started off on vault where they posted a season-high 48.850 after sweeping the top four spots.

#### 2018 EAGL VAULT (AS OF FEBRUARY 19TH)

Gymnast:	Ave./High/RQS:
1. Cami Drouin-Alaire (GW)	9.889/9.925/----
2. Khazia Hislop (UNC)	9.863/9.925/----
3. Jillian Winstanley (GW)	9.846/9.900/----
4. Madison Nettles (UNC)	9.842/9.875/----
5. Elizabeth Mahoney (UNH)	9.825/9.825/----

#### 2018 EAGL BARS (AS OF FEBRUARY 19TH)

Gymnast:	Ave./High/RQS:
1. Lauren Diggan (UNH)	9.854/9.925/----
2. Haley Brechwald (PITT)	9.821/9.825/----
3. Megan Tripp (PITT)	9.815/9.875/----
4. Lucy Brett (PITT)	9.804/9.875/----
5. Lauren Kent (NCSU)	9.779/9.850/----

#### 2018 EAGL BEAM (AS OF FEBRUARY 19TH)

Gymnast:	Ave./High/RQS:
1. Morgan Lane (UNC)	9.854/9.950/----
2. Casey Lauter (UNH)	9.846/9.950/----
3. Lauren Kent (NCSU)	9.813/9.850/----
4. Catie Conrad (PITT)	9.808/9.875/----
Gabriella Yarussi (TU)	9.808/9.950/----

#### 2018 EAGL FLOOR (AS OF FEBRUARY 19TH)

Gymnast:	Ave./High/RQS:
1. Khazia Hislop (UNC)	9.887/9.950/----
2. Haley Brechwald (PITT)	9.867/9.900/----
3. Cami Drouin-Alaire (GW)	9.864/9.925/----
4. Danielle Mulligan (UNH)	9.850/9.900/----
5. Mikayla Robinson (UNC)	9.833/9.900/----
Madison Nettles (UNC)	9.833/9.950

#### 2018 EAGL ALL-AROUND (AS OF FEBRUARY 19TH)

Gymnast:	Ave./High/RQS:
1. Morgan Lane (UNC)	39.225/39.300/----
2. Drew Grantham (NCSU)	39.150/39.275/----
3. Jillian Winstanley (GW)	39.114/39.525/
4. Alexandra Zois (GW)	39.075/39.225/----
5. Cami Drouin-Alaire (GW)	39.064/39.400/----

## UP NEXT... WEEK EIGHT EAGL ACTION:

### Monday, February 19th:

Brown (0-1, 192.100) @ UNC (1-0, 195.400)

### Saturday February 24th:

4:00pm – William & Mary @ NC State

4:00pm – GW @ Penn State

8:00pm – Pittsburgh @ Nebraska

8:00pm – UNH and Temple @ Air Force

6:00pm – Ursinus, Western Michigan and Towson @ Rutgers